

Product Information

Leptin ELISA Kit

Catalog Number: EA101039

Storage Temperature: 2 – 8°C

Instruction for Use

THIS KIT IS INTENDED FOR RESEARCH USE ONLY. NOT FOR USE IN DIAGNOSTIC PROCEDURES.

1 INTRODUCTION

1.1 Intended Use

The **ORIGENE Leptin ELISA** is an enzyme immunoassay for the measurement of Leptin in serum and plasma.

2 PRINCIPLE OF THE TEST

The ORIGENE Leptin ELISA Kit is a solid phase enzyme-linked immunosorbent assay (ELISA) based on the sandwich principle. The microtiter wells are coated with a monoclonal antibody directed towards a unique antigenic site on a Leptin molecule. An aliquot of specimen sample containing endogenous Leptin is incubated in the coated well with a specific biotinylated monoclonal anti Leptin antibody. A sandwich complex is formed. After incubation the unbound material is washed off and a Steptavidin Peroxidase Enzyme Complex is added for detection of the bound Leptin. Having added the substrate solution, the intensity of colour developed is proportional to the concentration of Leptin in the specimen sample.

3 WARNINGS AND PRECAUTIONS

1. For professional use only.
2. All reagents of this test kit which contain human serum or plasma have been tested and confirmed negative for HIV I/II, HBsAg and HCV by FDA approved procedures. All reagents, however, should be treated as potential biohazards in use and for disposal.
3. Before starting the assay, read the instructions completely and carefully. Use the valid version of the package insert provided with the kit. Be sure that everything is understood.
4. The microplate contains snap-off strips. Unused wells must be stored at 2 °C to 8 °C in the sealed foil pouch and used in the frame provided.
5. Pipetting of samples and reagents must be done as quickly as possible and in the same sequence for each step.
6. Use reservoirs only for single reagents. This especially applies to the substrate reservoirs. Using a reservoir for dispensing a substrate solution that had previously been used for the conjugate solution may turn solution colored. Do not pour reagents back into vials as reagent contamination may occur.
7. Mix the contents of the microplate wells thoroughly to ensure good test results. Do not reuse microwells.
8. Do not let wells dry during assay; add reagents immediately after completing the rinsing steps.
9. Allow the reagents to reach room temperature (21 °C - 26 °C) before starting the test. Temperature will affect the absorbance readings of the assay. However, values for the specimen samples will not be affected.
10. Never pipet by mouth and avoid contact of reagents and specimens with skin and mucous membranes.
11. Do not smoke, eat, drink or apply cosmetics in areas where specimens or kit reagents are handled.

12. Wear disposable latex gloves when handling specimens and reagents. Microbial contamination of reagents or specimens may give false results.
13. Handling should be done in accordance with the procedures defined by an appropriate national biohazard safety guideline or regulation.
14. Do not use reagents beyond expiry date as shown on the kit labels.
15. All indicated volumes have to be performed according to the protocol. Optimal test results are only obtained when using calibrated pipettes and microtiterplate readers.
16. Do not mix or use components from kits with different lot numbers. It is advised not to exchange wells of different plates even of the same lot. The kits may have been shipped or stored under different conditions and the binding characteristics of the plates may result slightly different.
17. Avoid contact with *Stop Solution* containing 0.5 M H₂SO₄. It may cause skin irritation and burns.
18. Some reagents contain Proclin 300, BND and/or MIT as preservatives. In case of contact with eyes or skin, flush immediately with water.
19. TMB substrate has an irritant effect on skin and mucosa. In case of possible contact, wash eyes with an abundant volume of water and skin with soap and abundant water. Wash contaminated objects before reusing them. If inhaled, take the person to open air.
20. Chemicals and prepared or used reagents have to be treated as hazardous waste according to the national biohazard safety guideline or regulation.

Reagents

Reagents provided

Microtiter wells, 12x8 (break apart) strips, 96 wells;
Wells coated with anti-Leptin antibody (monoclonal).

Standard (Standard 0-5), 6 vials, (lyophilized), 0.5 mL;
Concentrations: 0 – 2 – 5 – 25 – 50 – 100 ng/mL
See „*Preparation of Reagents*“;
Contain non-mercury preservative.

Control (Low & High), 2 vials, (lyophilized), 0.5 mL;
For control values and ranges please refer to vial label or QC-Datasheet.
See „*Preparation of Reagents*“,
Contain non-mercury preservative.

Assay Buffer, 1 vial, 11 mL, ready to use,
Contain non-mercury preservative.

Antiserum, 1 vial, 11 mL, ready to use,
monoclonal biotinylated anti-Leptin antibody;
Contain non-mercury preservative.

Enzyme Complex, 1 vial, 11 mL, ready to use,
Streptavidin conjugated to horseradish Peroxidase;
Contain non-mercury preservative.

Substrate Solution, 1 vial, 14 mL, ready to use, Tetramethylbenzidine (TMB).

1. **Stop Solution**, 1 vial, 14 mL, ready to use, contains 0.5 M H₂SO₄,
Avoid contact with the stop solution. It may cause skin irritations and burns.
2. **Wash Solution**, 1 vial, 30 mL (40X concentrated), see „Preparation of Reagents“.

Note: Additional *Standard 0* for sample dilution is available on request.

3.1 Materials required but not provided

- A microtiter plate calibrated reader (450 ± 10 nm)
- Calibrated variable precision micropipettes.
- Absorbent paper.
- Distilled or deionized water
- Timer
- Semi logarithmic graph paper or software for data reduction

3.2 Storage Conditions

When stored at 2 °C - 8 °C unopened reagents will retain reactivity until expiration date. Do not use reagents beyond this date.

Opened reagents must be stored at 2 °C - 8 °C. Microtiter wells must be stored at 2 °C - 8 °C. Once the foil bag has been opened, care should be taken to close it tightly again.

3.3 Reagent Preparation

Allow all reagents and required number of strips to reach room temperature prior to use.

Standards

Reconstitute the lyophilized contents of the standard vials with 0.5 mL Aqua dest and let stand for 10 minutes in minimum. Mix the vials several times before use.

Note: The reconstituted standards are stable for at least 6 weeks at 2 °C - 8 °C.

For longer storage freeze at -20 °C.

Control

Reconstitute the lyophilized content of each vial with 0.5 mL Aqua dest. and let stand for 10 minutes in minimum. Mix the control several times before use.

Note: The reconstituted control is stable for at least 6 weeks at 2 °C - 8 °C.

For longer storage freeze at -20°C.

Wash Solution

Add deionized water to the 40X concentrated Wash Solution.

Dilute 30 mL of concentrated Wash Solution with 1170 mL deionized water to a final volume of 1200 mL.

The diluted Wash Solution is stable for 2 weeks at room temperature.

3.4 Disposal of the Kit

The disposal of the kit must be made according to the national regulations. Special information for this product is given in the Material Safety Data Sheets (see chapter 13).

3.5 Damaged Test Kits

In case of any severe damage to the test kit or components, ORIGENE has to be informed in writing, at the latest, one week after receiving the kit. Severely damaged single components should not be used for a test run. They have to be stored until a final solution has been found. After this, they should be disposed according to the official regulations.

4 SPECIMEN COLLECTION AND PREPARATION

Serum or plasma can be used in this assay.

Do not use haemolytic, icteric or lipaemic specimens.

Please note: Samples containing sodium azide should not be used in the assay.

4.1 Specimen Collection

Serum:

Collect blood by venipuncture (e.g. Sarstedt Monovette for serum), allow to clot, and separate serum by centrifugation at room temperature. Do not centrifuge before complete clotting has occurred.

Plasma:

Whole blood should be collected into centrifuge tubes containing anti-coagulant (e.g. Sarstedt Monovette with the appropriate plasma preparation) and centrifuged immediately after collection.

4.2 Specimen Storage and Preparation

Specimens should be capped and may be stored for up to 24 hours at 2 °C - 8 °C prior to assaying.

Specimens held for a longer time should be frozen only once at -20 °C prior to assay. Thawed samples should be inverted several times prior to testing.

4.3 Specimen Dilution

If in an initial assay, a specimen is found to contain more than the highest standard, the specimens can be diluted with *Standard 0* and reassayed as described in Assay Procedure.

For the calculation of the concentrations this dilution factor has to be taken into account.

Example:

- a) dilution 1:10: 10 µL Serum + 90 µL Standard 0 (mix thoroughly)
- b) dilution 1:100: 10 µL dilution a) 1:10 + 90 µL Standard 0 (mix thoroughly).

5 ASSAY PROCEDURE

5.1 General Remarks

- All reagents and specimens must be allowed to come to room temperature before use. All reagents must be mixed without foaming.
- Once the test has been started, all steps should be completed without interruption.
- Use new disposal plastic pipette tips for each standard, control or sample in order to avoid cross contamination
- Absorbance is a function of the incubation time and temperature. Before starting the assay, it is recommended that all reagents are ready, caps removed, all needed wells secured in holder, etc. This will ensure equal elapsed time for each pipetting step without interruption.
- As a general rule the enzymatic reaction is linearly proportional to time and temperature.

Test Procedure

1. Each run must include a standard curve.
2. Secure the desired number of Microtiter wells in the holder.
3. Dispense **15 µL** of each Standard, controls and samples with new disposable tips into appropriate wells.
4. Dispense **100 µL** Assay Buffer into each well.
Thoroughly mix for 10 seconds. It is important to have a complete mixing in this step.
5. Incubate for **120 minutes** at room temperature (without covering the plate).

6. Briskly shake out the contents of the wells.
Rinse the wells 3 times with diluted Wash Solution (300 μ L per well). Strike the wells sharply on absorbent paper to remove residual droplets.
 - **Important note:** *The sensitivity and precision of this assay is markedly influenced by the correct performance of the washing procedure!*
7. Add **100 μ L** Antiserum to each well.
8. Incubate for **30 minutes** at room temperature.
9. Briskly shake out the contents of the wells.
Rinse the wells 3 times with diluted Wash Solution (300 μ L per well). Strike the wells sharply on absorbent paper to remove residual droplets.
10. Dispense **100 μ L** Enzyme Complex into each well.
11. Incubate for **30 minutes** at room temperature.
12. Briskly shake out the contents of the wells.
Rinse the wells 3 times with diluted Wash Solution (300 μ L per well). Strike the wells sharply on absorbent paper to remove residual droplets.
13. Add **100 μ L** of Substrate Solution to each well.
14. Incubate for **15 minutes** at room temperature.
15. Stop the enzymatic reaction by adding **50 μ L** of Stop Solution to each well.
16. Determine the absorbance (OD) of each well at **450 \pm 10 nm** with a microtiter plate reader.
It is recommended that the wells be read **within 10 minutes** after adding the *Stop Solution*.

5.2 Calculation of Results

1. Calculate the average absorbance values for each set of standards, controls and patient samples.
2. Construct a standard curve by plotting the mean absorbance obtained from each standard against its concentration with absorbance value on the vertical(Y) axis and concentration on the horizontal (X) axis.
3. Using the mean absorbance value for each sample determine the corresponding concentration from the standard curve.
4. Automated method: The results in the IFU have been calculated automatically using a 4 PL (4 Parameter Logistics) curve fit. 4 Parameter Logistics is the preferred method. Other data reduction functions may give slightly different results.
5. The concentration of the samples can be read directly from this standard curve. Samples with concentrations higher than that of the highest standard have to be further diluted. For the calculation of the concentrations this dilution factor has to be taken into account.

5.2.1 Example of Typical Standard Curve

The following data is for demonstration only and **cannot** be used in place of data generations at the time of assay.

Standard	Optical Units (450 nm)
Standard 0 (0 ng/mL)	0.02
Standard 1 (2 ng/mL)	0.07
Standard 2 (5 ng/mL)	0.16
Standard 3 (25 ng/mL)	0.74
Standard 4 (50 ng /ml)	1.41
Standard 5 (100 ng/mL)	2.30

6 QUALITY CONTROL

- Good laboratory practice requires that controls be run with each calibration curve. A statistically significant number of controls should be assayed to establish mean values and acceptable ranges to assure proper performance.

- It is recommended to use control samples according to state and federal regulations. The use of control samples is advised to assure the day to day validity of results. Use controls at both normal and pathological levels.
- The controls and the corresponding results of the QC-Laboratory are stated in the QC certificate added to the kit. The values and ranges stated on the QC sheet always refer to the current kit lot and should be used for direct comparison of the results.
- It is also recommended to make use of national or international Quality Assessment programs in order to ensure the accuracy of the results.
- Employ appropriate statistical methods for analysing control values and trends. If the results of the assay do not fit to the established acceptable ranges of control materials patient results should be considered invalid.

7 LEGAL ASPECTS

7.1 Reliability of Results

The test must be performed exactly as per the manufacturer's instructions for use. Moreover the user must strictly adhere to the rules of GLP (Good Laboratory Practice) or other applicable national standards and/or laws. This is especially relevant for the use of control reagents. It is important to always include, within the test procedure, a sufficient number of controls for validating the accuracy and precision of the test.

7.2 Liability

Any modification of the test kit and/or exchange or mixture of any components of different lots from one test kit to another could negatively affect the intended results and validity of the overall test. Such modification and/or exchanges invalidate any claim for replacement.

Claims submitted due to customer misinterpretation of laboratory results are invalid. Regardless, in the event of any claim, the manufacturer's liability is not to exceed the value of the test kit. Any damage caused to the test kit during transportation is not subject to the liability of the manufacturer.

8 REFERENCES

1. Considine, R.V., Sinha, M.K. a.o., Serum Immunoreactive- Leptin Concentrations in Normal Weight and Obese Humans, *The New England Journal of Medicine*, Feb. 1996.
2. Guillaume, M., Björntorp, P., Obesity in Children, *Environmental and Genetic Aspects*, *Horm. Metab. Res.* 28, 1996, p.573-581.
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Version 2, last updated March 6, 2016